

NAMI Indiana Supports:

- Statewide coordination and implementation of CIT.
- Diversion of persons with serious mental illness away from jail and into treatment, when appropriate.
- Specialized CIT for Youth (CIT-Y) training to address the unique needs of adolescents with mental health issues.
- Increased support of Community Mental Health Centers, to accommodate the persons being diverted into treatment.

References:

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5. Marion County Sheriff's Office 2012 Progress Report. Accessed 10/13/2014 at: <http://www.indy.gov/eGov/County/MCSD/Documents/2012%20Progress%20Report-sm.pdf>.
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NAMI Indiana
P. O. Box 22697
Indianapolis, Indiana 46222
(317) 925-9399
(800) 677-6442
namiindiana.org

NAMI Indiana is a grassroots public charity, strengthening and growing a statewide movement of support partners, community educators, and advocates to help persons affected by mental illness to cope with the challenges that these brain disorders present. We are people living with and affected by serious mental illnesses, and we are the only organization of its kind in Indiana.

Crisis Intervention Teams



Empowering communities and Justice Systems to create safer, healthier responses to mental health crises.

What is CIT?

CIT is an evidence supported program that improves the way law enforcement and the community respond to people experiencing mental health crises. CIT programs are built on partnerships between local law enforcement agencies, mental health providers and mental health advocates, such as local NAMI Affiliates. CIT programs empower local law enforcement to respond safely and effectively to children and adults in mental health crisis.

CIT-trained officers

- Receive 40-hour curriculum consisting of lectures, on-site visitation, interaction with individuals with mental illness and scenario-based de-escalation skill training.
- Connect citizens in crisis with the mental health services they need, rather than sending them to jail.
- Greatly improve the outcomes of encounters with persons who are experiencing a psychiatric crisis.

*“The strength of CIT is in **relationships**—community partnerships backed up by a **real commitment** to work together to improve the lives of individuals with mental health needs and their families.”*

-Maj. Sam Cochran (ret.),
Founder and coordinator,
Memphis CIT Program¹

Does CIT Work?

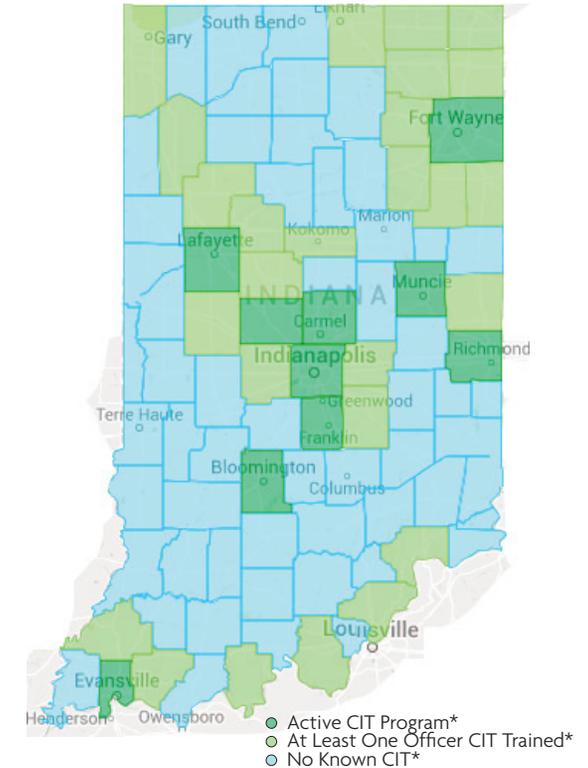
CIT offers a number of benefits for communities:

- In 2012, the Fort Wayne Police Department’s CIT reported diverting 99% of mental health calls away from jail and into the mental health system.²
- Individuals diverted through CIT and other programs receive more counseling and medication than individuals who are not diverted, and are less likely to be jailed or hospitalized.²
- Studies show that police-based diversion programs, and CIT especially, significantly reduce arrests and rearrests of people with serious mental illnesses.^{3,4}

CIT By The Numbers:

- Nearly **30%** of Marion County Jail inmates are classified as being mentally ill.⁵
- **Annual cost per person**
Federal/state incarceration: **~\$22,600**⁶
Assertive Community Treatment (comprehensive services): **\$10,000- \$15,000**⁷
- Studies show that between **10-15%** of police shootings are “suicide-by-cop” incidents, when the victim is suicidal and deliberately provokes the officer.⁸

Where is CIT in Indiana?



*“There is **no limit** to how far NAMI and CIT can go in improving the quality of life for those families and individuals living with mental illness. I am very proud to be a CIT officer and trainer, and a NAMI member.”*

-Sgt. Johnny K. Jines,
Jackson Police Department⁹

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