

Youth & Family Subcommittee Development Meeting - Minutes

Yellow Rose Inn // September 20, 2017 // 4:30 - 7:30 PM

Present: Heather Jacobson, Heather Rogers, Karly Sciortino-Poulter, Nancy Phelps, Keta Cross, Tricia Drake, Vicki Williams, Kim Williams, Amber Becker, Erin Tock

Announcements

- Mackenzie & Maddie are in Ireland at the Youth MOVE International Conference.
 - We have two votes upcoming: one to determine how we will spend the last year's 10k budget for the subcommittee, and the other is to vote to decrease the size of the Governance Board.
 - Amber will be taking charge of conducting and assembling a skills/strengths assessment of the Youth & Family Subcommittee.
-

Tentative 2018 Schedule

- Youth & Family Subcommittee meetings are on the second Wednesday of every month.
 - IN-SOC Governance Board meetings are on the afternoon of the third Thursday of every other month.
 - Youth & Family Subcommittee orientations take place quarterly the Saturday before their meetings.
 - Suggestions for the YFSC:
 - *Ad hoc* Youth & Family trainings could take place on Saturdays.
 - In 2018, do we want to retain a business meeting prior to Governance Board meetings?
-

Next Steps of Different Groups

1. During the Youth & Family Subcommittee's July meeting, they identified these six top priorities:
 - a. Outreach & engagement
 - b. Trainings for the subcommittee
 - c. Sustainability
 - d. Access and rights (partnering with parents, education, physicians, local SOCs)
 - e. Organization
 - f. Governance Board engagement
2. SAMHSA is still working on their formal assessment of IN-SOC, but they gave us these suggestions:
 - a. The finance plan needs updating. Involve youth & family.
 - b. A statewide family organization should be developed.
 - c. Improve the transition to adulthood.
 - d. Identify why intensive day treatment is underutilized in Indiana.
 - e. Develop the workforce of peer support. Use data to do so.
 - f. Public education is a missed opportunity.

- g. Obtain data on CMHI youth using MOUs.
3. DMHA & the SIG Team are formulating their next steps as the following:
- a. Identify individuals to participate in a sustainability plan.
 - b. Update the strategic plan to reflect the current state of Indiana and youth services.
 - c. Develop a model to support youth & family statewide.
 - d. Restructure the board.
 - i. There should be a financial advisory group.
 - ii. Board orientation will be developed.
 - iii. The Youth & Family Subcommittee could be independent.
 - e. Receive technical assistance (several topics).
 - f. Develop a training schedule for the next six months.
 - g. Examine how to support Youth MOVE chapters across the state.
 - h. Develop a social media & marketing strategy.
 - i. Develop a communication strategy.
 - i. In progress.
 - j. Engage state agencies.
 - k. Interface with CISC for policy change. Have the YFSC present to CISC.
-

What brings us here?

- | | |
|--|--|
| <ul style="list-style-type: none"> ● We want to see and be a part of improvement. ● Use the system to change the system. ● I am heard. I can contribute. ● The system must be easier. It shouldn't be this hard. | <ul style="list-style-type: none"> ● I can improve here for my own family. ● I'm here to learn to move forward. ● It's a part of who I am. ● I help others. ● I am comforted. ● Youth & Family is the heart of Indiana's System of Care. |
|--|--|
-

What (trainings) do we need to learn?

- | | |
|--|---|
| <ul style="list-style-type: none"> ● Storytelling <ul style="list-style-type: none"> ○ NACAC, Persuasive Storytelling ● System of Care & Social Marketing ● Parent rights ● Social Security ● Addressing different groups ● De-escalation techniques | <ul style="list-style-type: none"> ● E-CPR ● Support group trainings ● Sustainability ● FASD ● Behavior in schools ● Leadership for us & facilitation (Georgetown) ● Navigating the System |
|--|---|
-

Tasks we're doin'

Project / Task	Lead
Mental Health Task Force presentation	Trish & Amber
Supporting local coordinators with Youth & Family	Heather Rogers
Develop a YFSC orientation	Kim & Nancy & TBD Youth
Create an internal resource list	Amber & Keta
Lead orientations	Amber
Improve written materials on Youth & Family Subcommittee	
Write about the worth of Youth & Family engagement and involvement	Vicki & Karly
Improve the NAMI site for transparency	Erin
Organize trainings for the subcommittee	
Set timelines for the above projects	Erin

Our expectations of each other

- Read through the policy & procedures document to better understand function
 - Monthly reporting from everyone (to improve transparency)
 - Let people know you received their email! Even with a “thanks” or “got it”
 - Have a more structured social hour in order for that time to be more effective
 - To come back to our parking lot topics:
 - Changing the name of the Youth & Family Subcommittee to something better
 - Keta can brand us!!!!
 - Make sure orientation includes ‘What is a [Governance] Board’
 - Trish has tons of trainings and ways for us to facilitate these things
-

Our upcoming meetings:

- a. Governance Board meeting Thursday, October 26 10:00 - 4:00
 - i. Youth & Family Subcommittee will meet at 10am to vote.
- b. Youth & Family Subcommittee Wednesday, November 15 4:30 - 7:30